

MONDAY, 23/09

Roast Beef with Mashed Potato and Vegetables

Allergens: Celery, Milk, Soya

Bangers & Mash with Onion Gravy

Allergens: NONE

Vegan Curry & Rice 

Allergens: NONE

TUESDAY, 24/09

Breast of Chicken Tikka Masala with Rice

Allergens: Celery, Milk, Mustard

Breast of Chicken and Basil Ragout with Penne Pasta

Allergens: Egg, Gluten (Wheat)

Vegan Stir Fry 

Allergens: Egg, Gluten (Wheat), Soya

WEDNESDAY, 25/09

Thai Red Chicken Curry with Rice

Allergens: NONE

Chicken and Mushroom Carbonara

Allergens: Egg, Gluten(Wheat), Milk

Vegetable Ragout with Penne Pasta 

Allergens: Gluten

THURSDAY, 26/09

Breast of Chicken à la King with Rice

Allergens: Milk

Chicken and Chorizo Paella

Allergens: Celery, Milk

Butternut Squash and Chick Pea Curry with Rice 

Allergens: Mustard

FRIDAY, 27/09

Beef and Vegetable Stew

Allergens: Celery, Gluten (Barley), Milk, Sodium Metabisulphite, Soya

Breast of Chicken Chasseur

Allergens: Celery

Sweet and Sour Vegetables with Rice 

Allergens: Celery